

Christian Gentlemen

**Intellectually Competent** 

Prepared to Participate in a Changing World

Physically and Emotionally Developed

## Sophomore Parent College Night





Counselor for last names Aguiniga - Escobar: **Tim Golden** (619) 282-2184 ext. **5523 tgolden@sahs.org** 

Counselor for last names Ferreya - LaPoint: **Bill Sullivan** (619) 282-2184 ext. **5578** bsullivan@sahs.org

Counselor for last names Lee - Russo : **Carl Bronson** (619) 282-2184 ext. **5537 cbronson@sahs.org** 

Counselor for last names Sabaga - Zimmerman: **Jerry Rey** (619) 282-2184 ext. **5531 jrey@sahs.org** 

## SO FAR: Freshman Year



- Two visits with counselor for course planning and to check on adjustment to Saints
  - Placed in UC/CSU curriculum and started 4 year planner
- Scoir registration in SPEECH CLASS everyone has an account <u>including parents</u>
- "College going culture" throughout the school
- Goal is finding "right fit" college you

## SO FAR: Sophomore Year



- PSAT (scores available at Revolution Prep)
- Meetings with Counselor:
  - Emphasis on student involvement and course planning (Fall)
  - College & Career exploration (Spring)
- Scoir In-service: During March
  - College Search
  - Career Interest Assessments
  - Activities and Awards

## Involvement!

## In the community

#### On campus

- Campus activity clubs
- ASB (Loyal Sons, etc.)
- Newspaper
- National Honors Society
- Campus Ministry
  - Mass Band
  - Eucharistic Minister
  - Reading Lector
- Drama production
  - Actor
  - Backstage crew
  - Mock Trial

- Community service clubs
- Volunteer
- International service trips
  - Youth Day
  - Intersession
- Boy/Eagle scouts
- Summer leadership programs
  - College campus
  - ROTC

https://www.sahs.org/campus-life/clubs/

## **UP NEXT: Junior Year**

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- PSAT/NMSQT Testing and awards
- Update Scoir: "Following" colleges and "Activities and Achievements" section; Junior Survey -Preferences and Activities
- Individual family meetings second semester\*
   College list, Search and Application Process
- SAT/ACT Testing (Spring)
- College Workshop summer before 12<sup>th</sup> grade

## **UP NEXT: Senior Year**

- Beginning with Junior Parent Night and Junior second semester activities, the senior year college activities really begin
- Important for students to begin senior year with grades intact, an updated resume of service and activities, and at least one round of test scores
- YOU ARE NOT ALONE IN THIS PROCESS –we are here to help your students and your family throughout their 4 years here.
- THERE IS A COLLEGE FOR EVERYONE!

## What do colleges look for?



#### 1. Courses taken and grades earned

Has the student taken challenging courses when given the opportunity?

#### 2. Activities and leadership

Quality over quantity - meaningful participation

#### 3. Essays

 What has the student learned from experiences, how has he applied what he has learned?

#### 4. Letters of recommendation

- Teacher: What skills does the student bring to the classroom?
- Counselor: Adding context to the student's achievements

#### 5. Test Scores

### **Torero Promise**





- Guaranteed admission and commitment to meet 100% of demonstrated financial need
- New Eligibility Requirements Starting w/ Class of 2026
  - Weighted 3.8 GPA by the end of junior year (does not include PE or VAPA)
  - Have completed the following by end of junior year:
    - 6 semesters each of English, Math, Science
    - 4 semesters each of Religion/Philosophy, World Language, Social Studies
    - 6 semesters of Honors/AP coursework
  - Remediated any Ds or Fs
  - No disciplinary record

## Preparing to Pay for College

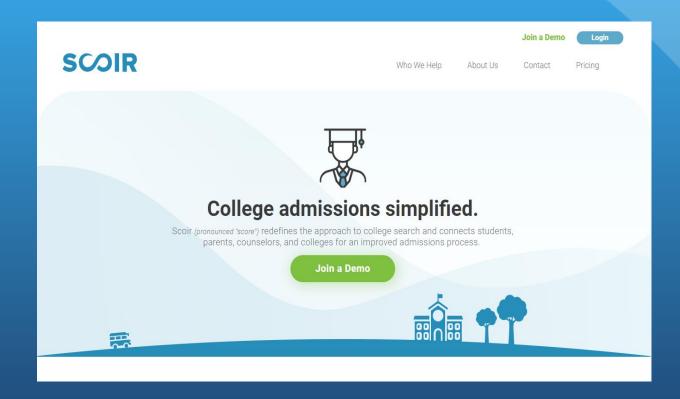


- College costs vary widely
- Cost information is available in Scoir
- Average Net Price for various family incomes
- Financial Aid
  - FAFSA & CSS Profile
  - Grants
  - Scholarships
  - Work Study
  - Loans
  - College Savings Plans 529 Plans

College Net-Price Calculators

## **SCOIR**





## NCAA Eligibility Center

https://web3.ncaa.org/ecwr3/





- Used to certify that prospective college athletes are eligible to play NCAA sports at the Div 1 and Div 2 level
- Reviews academic record and amateur status
- Students can begin registering with the NCAA Eligibility
   Center as a high school sophomore
- Profile no charge (Div III or Undecided)
- Certification \$100 (Div I or Div II)

# NCAA Division 1 Eligibility Requirements



- https://web3.ncaa.org/ecwr3/
- Minimum 2.3 GPA in core courses
- 10 of 16 core courses completed by end of 11<sup>th</sup> grade (7 of the 10 must be in English, Math and Science)
- ACT or SAT are no longer required for NCAA eligibility

## **Standardized Tests**

- <u>S</u>
- PSAT/NMSQT, SAT, ACT
- The majority of schools are now "Test-Optional"; some are "Test-free"; a few still require and SAT or ACT
- A great score can support your application and lead to merit-based scholarship opportunities
- Test-Optional Schools: <u>www.fairtest.org</u>

## **PSAT**



- Preliminary Scholastic Aptitude Test (October 2025)
  - <u>Purpose:</u> familiarity with the questions and exact directions students will see on the official SAT
  - 9th & 10th grade PSAT taken online at Revolution Prep website
  - 11th grade PSAT/NMSQT taken on campus
    - Scores available in December
    - Both sections are scored out of 760 with a maximum high score of 1520
  - <u>NMSQT:</u> 11<sup>th</sup> grade students with qualifying scores are eligible for the National Merit Scholarship Program

## SAT

## <u>ACT</u>

- Taken Digitally
- Adaptive
- Sections:
  - Reading & Writing
    - 2 modules of 25 questions each
    - 32 minutes for each module
  - Math
    - 2 modules of 20 questions each
    - 35 minutes for each module
- <u>Length:</u> 2:15
- <u>Scoring:</u> 400-1600

- Paper or Digital Option
- English, math, reading sections required
- Science and writing sections will be optional
- Still scored 1-36
- 125 minutes for required sections

## **Current Test Prep**



- Tried & True Tutoring for SAT & ACT (practice tests in January)
   -Practice tests scheduled for January
  - Classes encouraged for juniors (January/February)
  - Classes encouraged for seniors (August/September)
  - Reduced cost
  - Located on campus
  - Look for email announcements!
- www.revolutionprep.com
- www.collegeboard.org
- www.act.org
- www.khanacademy.org/sat
- www.kaptest.com/act

## Things to Remember

- This is a developmental process, it is very early to make permanent decisions about the future
- You may be more "ready" to discuss college right now than your son.
   Keep it light. You can start researching the \$\$\$ now, but do not (if possible) lay it out now to your son.
- AVOID COMPARING YOUR SITUATION WITH OTHERS. Every student and family is unique.





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