



Christian Gentlemen

Intellectually Competent

Prepared to Participate in a Changing World

Physically and Emotionally Developed

Sophomore Parent College Night



Counseling Services

Counselor for last names Alkatib-Gaston: **Tim Golden**

(619) 282-2184 ext. **5523**

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Counselor for last names Gerding-Nering: **Briana Colorado**

(619) 282-2184 ext. **5578**

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Counselor for last names Newell-Zizzo: **Jerry Rey**

(619) 282-2184 ext. **5531**

jrey@sahs.org

Freshman Counselor: **Carl Bronson**

(619) 282-2184 ext. **5537**

cbronson@sahs.org



SO FAR: Freshman Year

- Visit with 9th grade counselor for course planning
 - Placed in UC/CSU curriculum while scheduling 4 year plan
- Scoir registration in SPEECH CLASS – everyone has an account including parents
- “College going culture” throughout the school



SO FAR: Sophomore Year

- PSAT (scores available at Revolution Prep)
- Meetings with Counselor:
 - Emphasis on student involvement and course planning (Fall)
 - College & Career exploration (Spring)
- Scoir In-service: During March
 - College Search
 - Career Interest Assessments
 - Activities and Awards



Involvement!

On campus

- Campus activity clubs
- ASB (Loyal Sons, etc.)
- Newspaper
- National Honors Society
- Campus Ministry
 - Mass Band
 - Eucharistic Minister
 - Reading Lector
- Drama production
 - Actor
 - Backstage crew
- Mock Trial

- <https://www.sahs.org/campus-life/clubs/>

In the community

- Community service clubs
- Volunteer
- International service trips
 - Panama Exchange
 - Youth Day
 - Intersession/Spring Break
- Boy/Eagle scouts
- Summer leadership programs
 - College campus
 - ROTC



UP NEXT: Junior Year

- PSAT/NMSQT Testing and awards
- Update Scoir: “Following” colleges and “Activities and Achievements” section; Junior Survey -Preferences and Activities
- Individual family meetings – second semester*
College list, Search and Application Process
- SAT/ACT Testing (Spring)
- College Workshop – summer before 12th grade



UP NEXT: Senior Year

- Beginning with Junior Parent Night and Junior second semester activities, the senior year college activities really begin
- Important for students to begin senior year with grades intact, an updated resume of service and activities, and at least one round of test scores
- YOU ARE NOT ALONE IN THIS PROCESS –we are here to help your students and your family throughout their 4 years here.
- THERE IS A COLLEGE FOR *EVERYONE!*



Preparing to Pay for College

- College costs vary widely
 - Cost information is available in Scoir
 - Average Net Price for various family incomes
 - Financial Aid
 - FAFSA & CSS Profile
 - Grants
 - Scholarships
 - Work Study
 - Loans
 - College Savings Plans - 529 Plans
- College Net-Price Calculators

SCOIR



The screenshot shows the SCOIR website homepage. At the top left is the SCOIR logo. To the right are navigation links: "Who We Help", "About Us", "Contact", and "Pricing". Further right are two buttons: "Join a Demo" (green) and "Login" (blue). The main content area features a central icon of a person wearing a graduation cap. Below the icon is the headline "College admissions simplified." followed by a sub-headline: "Scoir (pronounced 'score') redefines the approach to college search and connects students, parents, counselors, and colleges for an improved admissions process." A green "Join a Demo" button is centered below the text. At the bottom of the page, there is a decorative illustration of a school building, trees, and a bus on a blue horizon line.

NCAA Eligibility Center

www.eligibilitycenter.org



- Used to certify that prospective college athletes are eligible to play NCAA sports at the Div 1 and Div 2 level
- Reviews academic record and amateur status
- Students can begin registering with the NCAA Eligibility Center as a high school sophomore
- **Profile** - no charge (Div III or Undecided)
- **Certification** - \$100 (Div I or Div II)



NCAA Division 1 Eligibility Requirements

- www.eligibilitycenter.org
- Minimum 2.3 GPA in core courses
- 10 of 16 core courses completed by end of 11th grade (7 of the 10 must be in English, Math and Science)
- ACT or SAT are no longer required for NCAA eligibility



Standardized Tests

- PSAT/NMSQT, SAT, ACT
- The majority of schools are now "Test-Optional"; some are "Test-free"; a few still require and SAT or ACT
- A great score can support your application and lead to merit-based scholarship opportunities
- Test-Optional Schools: www.fairtest.org



PSAT

- **Preliminary Scholastic Aptitude Test (Oct. 11th)**
 - Purpose: familiarity with the questions and exact directions students will see on the official SAT
 - 9th & 10th grade - PSAT taken online at Revolution Prep website
 - 11th grade - PSAT/NMSQT taken on campus
 - Scores available in December
 - Both sections are scored out of 760 with a maximum high score of 1520
 - NMSQT: 11th grade students with qualifying scores are eligible for the National Merit Scholarship Program

SAT

- Electronic version only
- Sections:
 - Math (calculator for some)
 - Algebra I, II
 - Geometry, Trig
 - Data Analysis
 - Reading
 - 5 reading passages
 - Writing & Language
- Length: 3:00
- Scoring: 400-1600

ACT

- Sections:
 - Math (calculator for all)
 - Algebra I, II
 - Geometry, Trig
 - Probs & Stats
 - Reading
 - 4 reading passages
 - English
 - Science Reasoning
 - testing critical thinking, not specific science knowledge
 - Essay (optional)
- Length: 2:55 or 3:40 (essay)
- Scoring: 1-36



Current Test Prep

- Tried & True Tutoring for SAT & ACT (practice tests in January)
 - Practice tests scheduled for January
 - Classes encouraged for juniors (January/February)
 - Classes encouraged for seniors (August/September)
 - Reduced cost
 - Located on campus
 - Look for email announcements!
- www.revolutionprep.com
- www.collegeboard.org
- www.act.org
- www.khanacademy.org/sat



Things to Remember

- This is a developmental process, it is very early to make permanent decisions about the future
- You may be more “ready” to discuss college right now than your son. Keep it light. You can start researching the \$\$\$ now, but do not (if possible) lay it out now to your son.
- **DO NOT COMPARE YOUR SITUATION WITH OTHERS.** Every student and family is unique.



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