

A Saints Scene

St. Augustine High School
 3266 Nutmeg Street
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 619-282-2184
 www.sahs.org

March 2013

YOUR MONTHLY REPORT ON THE ST. AUGUSTINE HIGH SCHOOL EXPERIENCE

Vol 34 no. 3



INTERSESSION HIGHLIGHTS – The following collection of Saintsmen are participating in the school's fifth annual Intersession program, where participating students serve internships across the county. They're posed with Sheriff Lt. Maria Wood, who is in charge of the San Diego Sheriff Department's ASTREA unit, which includes supervision of pilots, mechanics and professional staff. Visiting the unit are (Left to right) Robert Aragon, Taylor Ahearn, Steven Grosse, Chris Lenox and Connor Filley. For more on other Intersession internships go to pages 8 and 9. For more info on the ASTREA program go to <http://www.sdsheriff.net/astreal/index.html>.

Alumni Profile Michael Inzunza ('91) Describes and Embodies The Importance Of Being a Saintsmen

By Edwin Hearn, President,
 St. Augustine High School



Michael Inzunza and in 1991

This month's alumni spotlight is on Michael Inzunza ('91), who has taught at Saints for the past eight years in a variety of academic areas, has coached track at both Saints and the Academy of Our Lady of Peace and is the founder of The Loyal Sons, a community service group for students.

Currently, he is the Director of the Associated Students and moderates the school's yearbook. Michael, his wife, Alejandra and two daughters, Isabella and Sophia reside in Chula Vista.

Question: What is your most memorable moment at Saints?

Answer: Where do I begin? Fr. John Sanders was always such an understanding priest and friend to all of us. I wrote an article for the student newspaper, Augustinian, protesting the Desert Storm war in Iraq encouraging the entire student body to walkout of class, march to the football field and sit in on the 50-yard line. Well, I was the only student who showed up and Fr. John brought his lunch and sat down with me throughout fifth block sharing his thoughts on injustice in the world. I never forgot that.

I also remember tagging along Coach Downey as a freshman to all the track meets hoping to get a chance to run with the varsity starters. As it turns out, a senior rolled his ankle during warm-ups and coach put me in as the third leg of the 4x400. We ended up winning the relay and coach eventually awarded me MVP of the team as I finished the season on the varsity roster. I keep that trophy in my office right next to my wife's photo.

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Continued on page 8

Intersession: Dozens of New Ways to Learn

Inventive Mid-Year Enrichment Classes Differentiate Saints

Overheard on the floor of Dougherty Gym during Intersession Expo:
 "You know what, Greg? There are

a jillion people here and it's too noisy. I don't think we'll be able to hold people's attention for very long."

"You're right, Jim. They're all having a good time looking at the exhibits. Let's just hang loose."

So while Mr. Hecht and Mr. Horne hung loose, the hundreds of attendees at this year's Intersession Expo roamed and chatted and ate and pointed and asked and answered and explained and described what happened at St. Augustine High School during the month of January.

This is the fifth year that Saints has conducted Intersession courses, a four-week session of special curriculum between the semesters. Teachers have the chance to teach the way they want to teach. Students have the chance to learn the way they want to learn. Seniors have the chance to intern with business professionals. The Expo is a giant show-and-tell at the end of the session. Where did this all come from?

Becoming part of the school's identity

"A lot of preparation over a number of years has gone into getting Intersession off the ground," notes Mr. Hecht, assistant principal for academics. "I tip my hat to the faculty members and ad-

Dear Parents and Friends

Intersession 2013: Where Interest and Education Meet



Principal James Horne

As you undoubtedly know, it is rare to have a student crave more calculus. But as we found out last month, boys love having the chance to enrich their Saints Experience and their college prep curriculum by engaging in a variety of interest based courses.

Administrators charged with the task of developing high school curriculum often succumb to pressures to choose subjects and advanced placement opportunities that are perceived to be more useful as regards entrance to college. However, our educational philosophy encourages us to push beyond the constructs of curriculum fashioned by requirements for university entrance. And while recent struggles in the economy and associated budget cuts mean that courses in the arts, music, and other elective studies are marginalized in many schools, Saints has pioneered an effort to give students more.

Film production, automotive mechanics, game theory, careers in sports, sailing, cooking, and digital photography are areas of the school curriculum not likely to position a student for college entrance, but our students have indicated they are not short on interest in these offerings. We want to help students develop a passion for learning, and sometimes that is difficult to accomplish in traditional college prep classes. Our Intersession has sparked a curiosity and inquisitiveness in our students that has energized campus and stimulated their desire to learn.

Photo essay of Saintsmen interning around town. See Page 8

Each year as we prepare for the start of Intersession, the faculty and staff at Saints are reminded that one of the purposes of this unique semester of study is finding ways to tie curriculum to interests central to the lives of high-school age boys. We believe we have achieved great things with this unique term of study and owe a debt of gratitude to our administrators, faculty, staff, parents, internship partners and several guest speakers that make it all a huge success. THANK YOU!

Yours in the Spirit of Catholic Education,

James Horne

James Horne
 Principal

Unitas Veritas Caritas



New Principal At AOLP



Academy of Our Lady of Peace recently named Lauren Clark Lek Head of School. She will join the 130-year-old school this summer.

She is currently serving as the Principal at Moreau Catholic High School in Hayward, CA, where she was the eighth Principal and first alumni Principal at Moreau.

Mrs. Lek graduated from UC San Diego with a B.A. in Literature, St. Mary's College with an M.A. in Educational Leadership and has completed all coursework toward her Doctorate in Educational Technology Leadership from Pepperdine University.

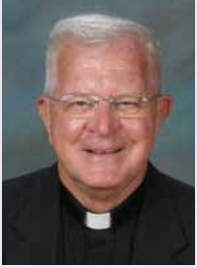
"I am truly honored to be joining the community at the Academy of Our Lady of Peace," she said, "The school's commitment to providing an exemplary education for

Continued on page 10.

AUGUSTINIAN HERITAGE

Augustine: Arrival at Tagaste and Hippo, North Africa

By Fr. Bob Gavotto, O.S.A. ('55)
Saints Chaplain



Fr. Bob Gavotto,
O.S.A. ('55)

As we continue our series on the history of Augustine, we pick up the story in Italy. After delaying almost two years there and seeing early efforts at Christian monasticism, Augustine returned to the African city of Tagaste late in 388 A.D. To do so, he sold the remainder of his late father's estate and gave the proceeds to the poor, keeping the house for his own use. He gathered around himself in community with Adeodatus, Alypius, one or two other acquaintances and Possidius, whose "Life of Saint Augustine" provides a first-hand description of the ideals and lifestyle of the original Augustinian communities.

The next three years at Tagaste were devoted to prayer, reading and manual labor. Augustine knew there were two forms of monastic life: that of the hermit in the desert, and that of the communities he had seen in Rome and Milan. He had no hesitation in opting for the latter, for his call from God was not to the harsh self-denial of a solitary hermitage.

Always at best when in company, Augustine gave the Church of the West a solid foundation for monasticism in the towns. His eventual Rule for community living emphasized communal life after the style of the early Church in the "Acts of the Apostles," and a pattern of moderation rather than the asceticism of the desert monks.

During the first year of the Tagaste community, Adeodatus, Augustine's son, died at the age of 20. In a five-year period Augustine thus lost the company of his mistress, his mother and his son. His life was being emptied of close human attachments, and, although Augustine did not yet know it, his orderly life as a Christian layman leading a community of like-minded men would not last more than three years. Feeling his education and temperament best suited him to be a lay scholar, Augustine had no desire to be a priest or bishop. Because the local tradition in North Africa restricted preaching to bishops, there were 700 hundred dioceses, and hence always vacancies. Augustine knew that each local Christian community had to seek its own bishop. He avoided centres where potential can-



"Augustine of Hippo," 1494 painting by Sandro Botticelli (1445-1510) presently located at the Church of Ognissanti in Florence.

didates such as himself were likely to be hurried towards the altar, as had happened to Ambrose in Milan and to many of his contemporaries.

His scholarship and his way of life at Tagaste made Augustine a "wanted man" for Holy Orders. Early in 391 A.D. when aged 37, he felt it "safe" to visit Hippo, an important town 200 kilometres due west of Carthage, because he knew its episcopal chair was occupied by a bishop of his acquaintance named Valerius. With at least a trace of local conspiracy, Valerius "happened" to mention from the pulpit that he needed a priest at the time Augustine was in the congregation. Somebody called out that Augustine was present, and, before he could resist, he was led to the bishop. The congregation would not take no for an answer. Even his tears were of no use; in fact, some mistakenly thought he wept at being nominated a priest and not a bishop! *To be continued.*

Tuition Support Options

2013-14 Tuition Grant Application Information

Tuition assistance grant applications for the 2013-14 year are now available and can be picked up at the main office in Vasey Hall or downloaded from the school's website. The deadline for submitting applications is April 9. Forms will be available and the application process will be explained at the March 26 New Family Night for those parents of incoming freshmen.

Required forms are the Private School Aid Services (PSAS) student aid form and the St. Augustine Supplemental Form. All families wishing to be considered for a tuition discount must apply for 2013-14 even if they were awarded a grant for the current school year.

Steve Chipp, Executive Director of Finance, emphasizes the need to have all necessary forms

properly completed and submitted by the deadline. "Submittal of incomplete forms or submittal after the April 9 deadline can significantly delay or reduce a family's potential award. Only a minimal amount of grant funding remains available after award notification letters are mailed in early June so it is imperative parents submit the required paperwork by April 9," he says.

The completed PSAS form requires parents to include documentation and a processing fee of \$25.00 (payable to PSAS). Only one form and one fee are necessary for families with a daughter attending the Academy of Our Lady of Peace as both schools utilize PSAS. This form is mailed directly to PSAS. The separate Supplemental Form is returned directly to the school.

Save The Date For Sober Grad Night

Graduation event will be here before we know it

The exciting time of graduation is just around the corner for our seniors. To add to the fun of graduation we are planning Sober Grad Night for Saints and OLP graduates. Sober Grad Night is an Austin Parents Association sponsored and chaperoned event. The goal of the event is to provide a fun, safe, supervised and sober graduation celebration for all Saints and OLP graduating seniors. We know that our seniors will want to celebrate with their friends on the night of their graduation. We want to make that celebration spectacular--and safe.

Graduation is a most significant event in our students' lives and it is a "party night". There are so many unfortunate stories and facts related to graduation and impaired driving. We want to ensure we provide a place for Saints and OLP grads to party with their fellow grads while enjoying in a drug and alcohol free environment. If just one alcohol related arrest, injury or worse yet, death is prevented by this alcohol free celebration then the extensive effort to plan and fund it will have been well worth it -- for our graduates, our families and the community in general. If we can gather the resources to make the Sober Grad Night spectacular, more students will attend and more students will spend the evening of their graduation safe and sober.

GRAD NIGHT, JUNE 1

The event will take place at Kearny Mesa Bowl, 7585 Clairemont Mesa Boulevard, graduation night (June 1st) and lasts all night long. We have the entire venue to ourselves. The price is \$60 per ticket. Financial assistance is available.

Check-in starts at 10 pm; doors close at 11 pm, and open again at 5 am. To keep the party safe and sober no "in and out" privileges will be allowed. If the student is going to be late or needs to leave early, parents may contact the event coordinator.

Once inside the grads will enjoy unlimited bowling, entertainment, play video games and dance to a DJ. A late night dinner will be served after midnight. Sodas and water will be available throughout the evening. Every grad receives a raffle ticket upon arrival. In the

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Class Registration Update

Tuition and Registration
deadline April 12

Now is the time for parents to register students returning for the 2013-14 academic year. On February 14 tuition agreements were mailed to parents of all current juniors, sophomores, and freshmen and the deadline for submittal is April 12.

Once a student is registered his schedule of classes for the coming year will be formalized.

Students are not considered fully registered until the tuition agreement is completed, signed, and returned to the school accompanied by payment of \$450.00 for the registration fee and tuition deposit. Please note this payment is not sent to Smart Tuition and that the agreement must have the registration fee and deposit payment (personal check or cash) attached. Submittal of one without the other will delay processing until both are received.

Parents of incoming freshmen can submit their son's tuition agreements and fees at the New Parent Night being held on campus March 26.

The deadline for submitting tuition grant applications is April 9. To be considered for a tuition grant parents must complete both the Private School Aid Services (PSAS) application form and the St. Augustine Supplemental Form. Forms can be obtained from the school's web site or from the main office in Vasey Hall.

Juniors Help The Homeless, One Red Bag At A Time

By Alexander Danilowicz



Juniors Kevin Bitar (left) and Michael McRoskey

Editor's Note: This article first appeared in the campus student newspaper, The Augustinian.

Junior Saintsmen Michael McRoskey and Kevin Bitar have teamed up outside of the classroom to change the lives of the homeless, one bag at a time.

In 2010 Michael founded The Red Bag, Inc., a non-profit corporation devoted to providing material and spiritual nourishment to those who need it most. Kevin joined the project in August 2012, acting as The Red Bag's Director of Ambassadors.

What is a Red Bag? The better question: what isn't a Red Bag? An energy bar, bottled water, raisins, trail mix, beef jerky, chewing gum, and a hand wipe, all packed into one reusable, recyclable, and waterproof drawstring bag. For five dollars you get a care package of essentials to have at the ready in your car to distribute to a homeless person in need. Michael and Kevin encourage everyone who purchases a Red Bag to add a personal note or prayer, as well as toiletries, warm socks, fruit or a blanket. Have you ever felt compassion for a beggar on the street, but were reluctant to give money that might be abetting substance abuse? Then Red Bag is for you.

"By keeping a Red Bag in your car, you will be equipped with a kit that makes it easy to help our neighbors in need. Instead of giving cash that may feed an addiction or bad habit, you're providing the gift of encouragement and nutrition in a way that treats our neighbors with dignity and respect," said Michael.

It all started 3 years ago, during Michael and Kevin's freshman year. The concept behind The Red Bag was inspired by Mr. Cudal's Honors English I class' downtown homeless service project. After handing out sack lunches for a mere 15 minutes, all of the class' prepared food was allocated without even covering a city block.

"What would Jesus do? Well, whatever he would do, Michael McRoskey and Kevin Bitar are getting it done," said Mr. Cudal, who has been organizing the service project for the last 3 years.

San Diego had the third largest homeless population of any American metropolitan area in 2012, surpassed only by New York City and Los Angeles.

"Homeless people weren't new to me—I had seen them on street corners and off my freeway exit—but something about seeing them so hungry and so thankful sparked an idea. What if anyone could do what my class did? And so the Red Bag began," said Michael.

Since its inception, The Red Bag has sold over 1500 bags. After its first two years of operations and countless hours of hard work, The Red Bag was granted official non-profit status in August 2012.

"It's going really well," said Kevin. In an effort to get their local community involved, Michael and Kevin speak at youth groups, local organizations, and businesses in the area. Additionally, The Red Bag has its own social media campaign to reach beyond San Diego. Michael and Kevin encourage students to like The Red Bag on Facebook and to visit www.red-bag.org for more information. You can purchase Red Bags individually or in bulk from the website, or by contacting Michael or Kevin.

"Red Bag was founded on the principle that a small act of kindness can change lives—one person at a time," said Michael. Clearly, Michael and Kevin are undertaking an effort that epitomizes the Catholic values of Saint Augustine High School.

Thank you to Stephanie Castillo for her help contributing to this article.



Prestigious Math Contest Held At Saints

St. Augustine High School recently hosted the American Mathematics Contest (AMC). More than 140 Saintsmen were involved, which the second largest number of contest participants in the State.

The AMC is the first round of a series of contests that determines the United States' team of six students who will participate in the International Mathematical Olympiad (IMO).

The IMO consists of approximately 100 countries and takes place in a different country every July. The AMC is split into two levels, the AMC 10, restricted to freshmen and sophomores, and the AMC 12, open to all students.

Both tests have 25 multiple-choice questions, and students receive 6 points for each correct answer, 1.5 points for each answer left blank, and 0 points for each incorrect answer. Students who earn qualifying scores advance to the second round, the American Invitational Mathematics Exam (AIME), which will take place on Thursday, March 14, 2013.

AMC 12 participants who score 100 or more or place in the top 5% qualify for the AIME as do AMC 10 students who score 120 or more or place in the top 2.5%. The AMC is designed to promote interest in mathematics by tapping students' desires to learn and crack challenging math problems as well as competing against other students nationwide.

Participating in the AMC along with qualifying for successful rounds will better prepare our students for the nation's top colleges and universities and will enhance their applications.

More information may be found at <http://amc.maa.org/>

Grandparent's Day Packs Gym to the Rafters



A TRADITION – St. Augustine High School is rare among high school's who each year celebrate a Grandparents Day. The tradition goes back 25 years and it is one of the most anticipated school and family events of the year. A highlight of the Grandparents visit is celebrating Mass on campus. Photo by Michael Cali ('13).

Sober Grad Night

Continued from page 2.

past, grads have walked away with phenomenal prizes and cash. Breakfast will be served around 4 am and then the doors open at 5 am.

VOLUNTEERS NEEDED

If you would like to help with the event you can donate your time, money or items for the raffle. Consider making a donation to fund Grad Night. Of course your donations are tax deductible.

Please register on line on the Saints website (www.sahs.org) early! The venue and activities require we make deposits in advance to reserve them. Just about every High School hosts a Sober Grad Night and we compete with each other for venues and entertainers. By buying your student's Grad Night ticket early you will help provide the funds to ensure we have the best venue and entertainment we can find.

Sober Grad Night is sponsored by the Austin Parent Association along with volunteers from Saints and Our Lady of Peace. Information will be emailed to senior families. All the information will also be on the Saints website (www.sahs.org). Please contact Alex Dominguez at alexjill@cox.net with any questions

Intercession

Continued from page 1.

ministrators – Mr. Chris da Luz, Mr. Horne, Mrs. Caine, Dr. Rey, Mr. Cudal – who have been developing this program over the last few years. This is not just a four-week change of instructional pace; it's a big piece of the school's identity. In fact, for more and more students it's a big piece of why they go to Saints.

"Something new is happening, now that we're a few years into it: we're beginning to link Intercession to the regular school curriculum. Take one of our new courses this year – gaming theory. The boys applied the math and science from their normal curriculum to create their own games in January, and some of them are trying to get their games published. This richness and depth of learning is helping everyone see that Intercession has gone from being a novelty to an institution around here."

Intercession 2012 - 2013, by the Numbers

- 137 seniors (78%) in internships at 87 different sites (includes medical internships)
- 148 students in physical education courses
- 252 students in enrichment courses
- 208 students in Speech/ALEKS

Visible and Invisible Benefits

Intercession helps prepare students for college in two important ways: It forces them to buckle down and finish the first semester before the Christmas break, and it shows them how to take advantage of the variety they'll see in a college curriculum. They have the opportunity to select from three different types of courses:

- Graduation requirements – All freshmen take Speech, because many Saints courses call for presentation skills and the ability to talk before an audience. Students who want or need to devote extra time to Math spend Intercession in supplemental classes called ALEKS, a Web-based assessment and learning system.
- Physical Fitness – Saints teachers develop from scratch and conduct classes in cycling, golf, aquatic sports, rugby and other athletics, on and off campus. Students not only play the sports but also learn the history, theory and technique behind them.
- Enrichment – This is the mother lode of Intercession curriculum:



INTERSESSION UPDATES—Who are these Saintmen in San Gimignano, Italy? Find out next month in *Saints Scene*. Also we'll visit Spain in May's edition of *Saints Scene* as we update another popular Intercession exploration.

digital photography, travel (this year to Guatemala, Spain and Italy), architecture, sports management, cooking and many other courses that bring out the unconventional in both teachers and students. Enrichment courses also include internships.

Students, for their part, have the chance to learn in a completely different way from the rest of the year, and without even realizing it, they're using the art, math, science and vocabulary they've learned in school. Even in the courses that require a written summary, they get to write first-person accounts of what they themselves accomplished. The fact that they can learn something new, be successful and show it off is a big value-add to their education.

Of course, the other value-add lies in helping students figure out what they don't want to do. "Every grown-up has realized at some point that a given profession was not for them," says Mr. Hecht. "Architecture, medicine, auto mechanics, cooking, bullfighting, theater, whatever. If, for example, teaching is not for you, Intercession gives you the chance to figure that out before you've bet your college education on it, instead of afterwards."

On the faculty side, Mr. Hecht points to the evolution of some mainstream courses as teachers incorporate what has worked during Intercession. Once they see how the January courses engage students and get the wheels turning, they look at ways to broaden the curriculum during the rest of the year. Mr. Horne cites the beneficial effects of Intercession on learning: "Every February and March, the faculty sees an uptick in overall student performance. Back when we started the program there were concerns that we might lose educational momentum between the semesters, but the last few years' data shows that the opportunity to learn differently for an entire month actually has a positive effect on students."

"Can you give us more Saintsmen?"

Internships present seniors with a huge opportunity to work off campus under the guidance of professionals and the chance to begin thinking about their career. Saints parents and alumni have helped create many of the internships with their employers, and the school benefits from the visibility in the community.

"This year, 138 seniors performed internships at 87 different sites," continues Mr. Hecht. "Internships pay off for the students, the businesses, the parents and the school. Four years ago, 34 percent of our seniors participated in internships; this year, the figure was 78 percent. Chris da Luz did a fine job making many of the connections to the community to place students.

"We faculty members visit the interns to speak with them on site. They're genuinely gratified to be out in the real world and their excitement is palpable. In fact, their hosts are excited as well, because they're asking us, 'Can you give us more Saintsmen?' Intercession is doing a phenomenal job of raising Saints' profile in the professional community, and the boys are doing the school proud."

That increased visibility resonates with Saints President Ed Hearn as well. "By their very nature, Saintsmen are our best advocates," he explains, "so when we have students interning in businesses like architectural firms, law offices and medical practices all over San Diego, the increased exposure in the community helps promote the good works of the school to a broader audience. To thank the companies that hosted interns, we held a reception just for them before the Expo."

What about next year?

"We've already begun planning next year's Intercession," says Mr. Hecht. "Students need to let us know which courses interested them and which ones they want to take next year. The teachers put a lot of work into developing the curriculum for each course, and the sooner they know what will attract students, the more time they have to research and prepare. Next year's courses include marine biology, engineering design and criminal justice."

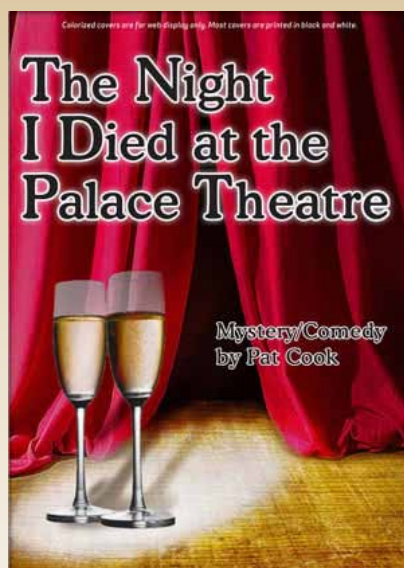
Students: If you haven't yet signed up for courses of interest in Intercession 2013-14, contact the teachers and let them know.

Parents: If your business or organization has an internship program, or if you want help developing one, contact Mrs. Caine for more information.

Join the Saints Players for a "Murder Mystery Theatre Dinner" experience as they perform

The Night I Died at the Palace Theatre

Set in a 1940's theatre the actors are just getting ready to rehearse the final scene for their latest production, when the director is found dead onstage. There's a lot of disbelief among the troupe until it becomes quite evident that someone has, indeed, shuffled off this mortal coil. Watch as the baby-faced detective Jimmy Todd puts together the clues. Was the director murdered for what was in that missing final scene? Clues intermingle with unveiled threats as cast member turns against cast member. Who heard the final word uttered by Dexter the director?



Where: St. Patrick's Parish Hall
3583 30th Street San Diego

When: Wednesday-March 6th
& Thursday-7th: Seating 6pm,

Dinner served 6:30pm
Saturday March 9th (Time TBA)
Sunday-10th: Seating 6:30pm,
Dinner Served 6:50 pm

Adults \$20
Seniors (62 yrs.)
and Children (under 12) \$15

This is a reserved event only.

Please purchase your tickets online at

www.ticket.com/index.php (a small transaction fee is required)

Enter your zip code, and you are in.

For more information please see www.sahs.org



The Austin Parents Association

Cordially invites you to

A Gift-Gathering Party

What is a Gift Gathering Party? Gift Gathering Parties are a series of informal cocktail parties hosted by Saints parents. At each party, guests are asked to donate an item or service to help support Saints 35th Annual Auction Fundraiser to be held Saturday, April 27, 2013.

Please join Saints' President Ed Hearn for Cocktails and Refreshments at one or more of the following parties:

North Coastal San Diego Co.

📅 **March 2, 2013 from 6-9 p.m.**

Hosted by Alex & Jill Dominguez, (Rico '13),

569 Hygeia Avenue, Encinitas, CA 92024

Please RSVP by February 20th

North Inland San Diego Co. (Scripps Ranch)

📅 **March 9, 2013 from 6-9 p.m.**

Hosted by James and Caroline Dixon,

(Kevin '11, Nathan '09, Spencer '13, Sean '15),

10625 Chaparal Valley Court, San Diego, CA 92131

Please RSVP by March 3rd

North Central San Diego

📅 **March 16, 2013 from 6-9 p.m.** Hosted by Robert & Anne Caya, (Robert '12, Daniel '15), 9701 La Jolla Farms Road, La Jolla, CA 92037 Please RSVP by March 10th

South San Diego Co.

📅 **March 23, 2013 from 6-9 p.m.** Hosted by Roberto & Mary Valdés, (Rudy '00, José Miguel '04), and Dr.

Mark & Janet Hubka, (Mark, Alumni, Class of '76, Josh '01, Thomas '04), 4121 Acacia Avenue, Bonita, CA

91902 Please RSVP by March 18th

East San Diego Co.

📅 **April 6, 2013 from 6-9 p.m.** Hosted by Dave & Cathy Smith, (Connor '11), and Derek & Gayle McMahon,

(Derek, Alumni, Class of '84), 1064 Rippey Street, El Cajon, CA 92020 Please RSVP by March 31st

South Central San Diego

📅 **April 13, 2013 from 6-9 p.m.** Hosted by Kevin & Patricia Kiernan, (Matthew '07, Patrick '09, Sean '14),

21 Pine Court, Coronado, CA 92118 Please RSVP by April 6th

Guests are asked to donate a basket item for the auction. Suggested items include: airline gift certificates, travel/gift packages, gift certificates for services and restaurants, tickets to a sporting event, vacation get-aways, sports memorabilia, spa treatments.

In addition, all attendees are asked to bring a bottle of wine, valued at \$25 or more. These bottles will form the "Wall of Wine" and will be sold at the event.

Casual Attire • RSVP to Patricia Kiernan (619) 435-2365 or email: patriciakiernan@aol.com

St. Augustine High School • 3266 Nutmeg St., San Diego, CA 92104 • www.sahs.org



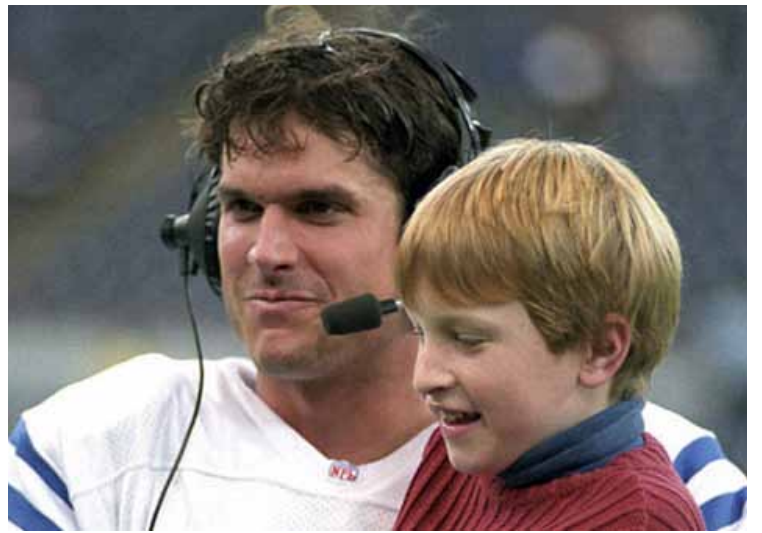
ASB President Honored at Civic Luncheon



OUR LEADER – ASB President Eli Ashenafi was honored at the Washington-Lincoln Laurels for Leaders Luncheon on February 19th. This annual event sponsored by the Kiwanis Club of San Diego was attended by nearly every high school president in San Diego County to include principals, ASB Deans and superintendents. Cash awards were presented to ASB presidents in recognition of their outstanding contributions to their school and community. During the introduction ceremony, President Ashenafi delivered the invocation to his colleagues discussing the importance that his generation will have in shaping the country's future.



WHERE ARE THEY NOW



Jim and Jay Harbaugh

Saints Superbowl Connection

Saintsman Jay Harbaugh on coaching staff of Super Bowl Champion Ravens. He attended Saints as an underclassman.

By Sam Farmer

Follow Saints on Twitter and Facebook

Are you looking for up to date info on meetings, announcements, activities, breaking news and game times, locations and results. Do you wish you had a reminder for all these events?



http://www.twitter.com/saints_info



<http://www.facebook.com/st.augustine>

You can set up an account to have news sent directly to your e-mail or sent as a text to your phone, or you can simply link to the Twitter/Facebook feed by clicking on the icons at the lower left on the Saints home page



Jay Harbaugh

Editor's note: This article first appeared on Feb. 2, 2013 in the Los Angeles Times. Reprinted with permission of the author and the Los Angeles Times.

NEW ORLEANS — Everyone knows that Super Bowl XLVII pits coaching brothers John and Jim Harbaugh. But few people are aware the game is also father versus son.

Jay Harbaugh, 23, whose father coaches the San Francisco 49ers, is a coaching intern for Baltimore. He works for his uncle, John, head coach of the Ravens, and he agreed to an extensive interview with The Times, provided the story run after the teams' last media availability of the week.

That media window closed Friday morning with a joint press conference featuring the Harbaugh brothers. Jay Harbaugh said his family wanted to keep the story as quiet as possible during the week because it was simply another angle that diverted attention from the players in the game.

"I'm having the time of my life," said Jay, who will sit in the booth with Ravens offensive coaches during the game. "The entire experience is everything that you dream about. I'm just ecstatic about the whole thing. Really, it's incredible, with your first year in the NFL to be in this situation. It's really incredible to be a part of."

Although he knows the Super Bowl will be torturous for his grandparents, who are guaranteed to have one son lose on the game's biggest stage, Jay is not one bit conflicted about being across the field from his father.

"I couldn't fathom even considering not being all in with the team that I'm a part of," he said. "Any true competitor feels the exact same way. You have to be totally all in with your team, sold on the vision. Otherwise, there's no point. No point to being a part of it, putting in all the time that you do and making the sacrifices."

"In some alternate universe, if I was conflicted, it would just confuse my dad. It would confuse any true competitor because you can't reconcile those things in your head. If you're all in, you're all in. There's no wavering there. It's an all-or-nothing proposition for that whole week."

He went all but unnoticed during [pre-game] Media Day, wearing his white Ravens golf shirt and black cap, and standing with the other interns in the middle of a sea of reporters. He has the square jaw and athletic build of his father and uncle – Jay was a tight end and defensive end in high school – but his fair skin and reddish-blond hair is far lighter than theirs.

Clearly by design, there was no mention of him by either coach all week, but it was Jack Harbaugh who blew his grandson's cover Wednesday during a press conference featuring him and his wife, Jackie.

"One story I want to mention is Jay Harbaugh, how many know who Jay Harbaugh is?" Jack asked reporters. "Anybody know Jay Harbaugh? ... It's kind of an interesting story. He does video and works in the weight room ... so you've got father and son competing on Sunday night as well."

Jay, the eldest of Jim Harbaugh's six children by two marriages, played three years of high school football in Southern California after his dad had retired as an NFL quarterback and was coaching at the University of San Diego. Jay missed his senior season because of an injury, then spent a postgraduate year at a Connecticut prep school in hopes of playing there. He was injured again, however, and turned his attention to becoming a coach.

"I'm really thankful and proud at the same time," Jim Harbaugh said. "Jay is doing what he loves to do, and that's a real blessing. And he's doing it with the Baltimore Ravens, a tremendous organization, great coaches around him to mentor him. I hear he's doing a phenomenal job,

Continued on Page 7.



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Friday, April 12, 2013



Admiral Baker Golf Course
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Intersession Travel

Lessons Learned In Guatemala

By Connor Whalen ('13). Photography By Aaron Balin ('14)

Editor's note: Saints Intersession students embraced the opportunity to enroll in travel classes to Guatemala, Spain and Italy. The author of this article and 12 other classmates chose Guatemala. Faculty members Fr. Alvin Paligutan and Fr. Kirk Davis accompanied the students.

If I had the option right now, I would hop on the first flight back to San Lucas and spend more time there. I'm very happy that I was able to go on this trip and become part of the mission in and for San Lucas. I believe that I now see the world a little differently than I did before after I have seen all the things that the poor people of Guatemala are going through every day.

For example I thought that what I was doing was very difficult and taxing work and I was ready to be done every day at 4 and sometimes even a little bit earlier than that. But I know that almost everyone in the entire country has to work just as hard as I did if not harder every day of the week to provide just enough for their family to survive for the week. Unless we take a step back and realize that all the things that we have are much more than enough for us, we will continue to live in the shadows of material goods when we lack one certain thing that I saw the people of Guatemala had at the very first second I set foot in Guatemala: Unity.

The people were united in their everyday struggles to provide for their families and even work though the work was very hard and very trying on their bodies, they always

sported a smile and never complained. Here in America I have noticed since I returned that people take way too much for granted and it is honestly ridiculous how we as Americans feel that we are entitled to all these great things just because we see ourselves as better than poorer and lesser people. Just like it is said in the Bible, the poor are strong and they triumph through the hardships to come out better people on the other side. Better doesn't necessarily mean richer or healthier; it means that they don't take what they have for granted and they do everything that they possibly can to keep going through every day, week, month, and year. They all have unity and faith that everything will turn out okay and with their trust in God, how can they fail?

The theme of solidarity was present in our time in San Lucas. We worked alongside the Guatemalans and the Mayans, we listened to what they had to say and they listened to us. No one was better than the other and we all shared the work experience as equals, which is what solidarity is all about. This element of my time in Guatemala has really opened my eyes to see just what the people go through and not so much how I can help, but how I can be there for them to walk with and work with them. I really liked being put into their setting and getting to live as they live because I feel that I really do know what it is like to live as they do and I hope that I am able to have another opportunity to share in this experience again someday."



On a day trip to Chichicastenango, students were able to do all sorts of shopping for their families back home.



The people of San Lucas Tolimán were happy to see outsiders take strong interest in their small town bordering the Lake Atitlán



A children's playground overlooks Lake Atitlán, the deepest lake in Central America, which is located in Sololá, a western department of Guatemala.



Students had the opportunities to visit the towns Santa Catarina, and Panajachel on a Sunday boat outing.



Saints men purchased groceries for a family in need and were given an insight as to the conditions of living in poverty.

Jay Harbough

Continued from page 6.

something I'm really proud of.

"This week, I haven't been talking to him or calling him. Sent him a couple of texts to let him know how I feel about him."

Jay Harbough half-jokes that he chose to attend Oregon State because the UV rays were preferable in the Pacific Northwest, but the main reason was he got to spend four years working under Beavers Coach Mike Riley, who was Jim's coach with the San Diego Chargers.

"That was the first person to come to mind when I was choosing a school," Jay said. "Because once you start off with a person like that, you build such a strong foundation to work from. Coaching-wise, that's the way you want to do it."

In addition to working as an undergraduate assistant at Oregon State, he was an intern in the 49ers' scouting department during the summer of 2011, his dad's first year as San Francisco's coach. About a year later, after finishing his last final exam in college, he hopped in his car and drove to Baltimore to begin his career with the Ravens.

"I do a little bit of everything," he said. "I help with special projects, help in the weight room, help with video on occasion. Whatever needs to get done, whatever's going to help the team I'm going to do. That slightly ambiguous role is the biggest blessing because you're talking about a building that's chock full of experts, people that are detailed and motivated and do phenomenal work.

"Just being able to do a little mix and match, here and there, learning how the pieces fit together... it couldn't possibly be any better."

He also realizes that having the last name Harbough is something of a double-edged sword in that it has helped afford him this opportunity yet leaves him open to criticism from people who think that's the only reason he has the job.

"There's nobody on the planet who has it better than I do," he said, hearkening to the famous Harbough family mantra of "Who's got it better than us?"

He continued: "I don't take that lightly. That's the kind of thing that makes me want to work harder. People are going to assume what they want to assume. That doesn't mean a thing. If anything, it drives me to work harder."

He credits Jack and Jackie for instilling the values that were passed to their sons, then to the next generation.

Calling his grandfather "one of the greatest people I know," Jay said: "Thinking back where I was a kid — and it was the same thing with my other grandpa, which is like the most beautiful thing in the world as a kid — is that they always had time for you. They always had time to play games, tell stories, roughhouse, or whatever it is. Jack was always there engaging me, teaching me, asking me questions, taking interest. And he's the same way with all the other grandchildren. He's a blast to be around."

He said his grandmother is "intensely competitive, fiercely loyal. At this stage, she's a fan, and she's a very loyal fan of Indiana [where her son-in-law, Tom Crean,

is the Hoosiers' basketball coach], the Ravens, the Niners and all that. But I don't think there's ever been a more tenacious fan in the stadium. Even before the game starts, she's locked in, in the zone. She's getting after officials and other fans, and it's amazing to watch."

Likewise, growing up with a father who was a 14-year NFL quarterback known for his scrappy toughness and intensity helped mold him.

"As a young kid, you scrape your knee or something riding your bike outside and you cry," Jay said. "Then, you see your dad with an entire leg that's black and blue. It's his toughness and competitive nature that stand out."

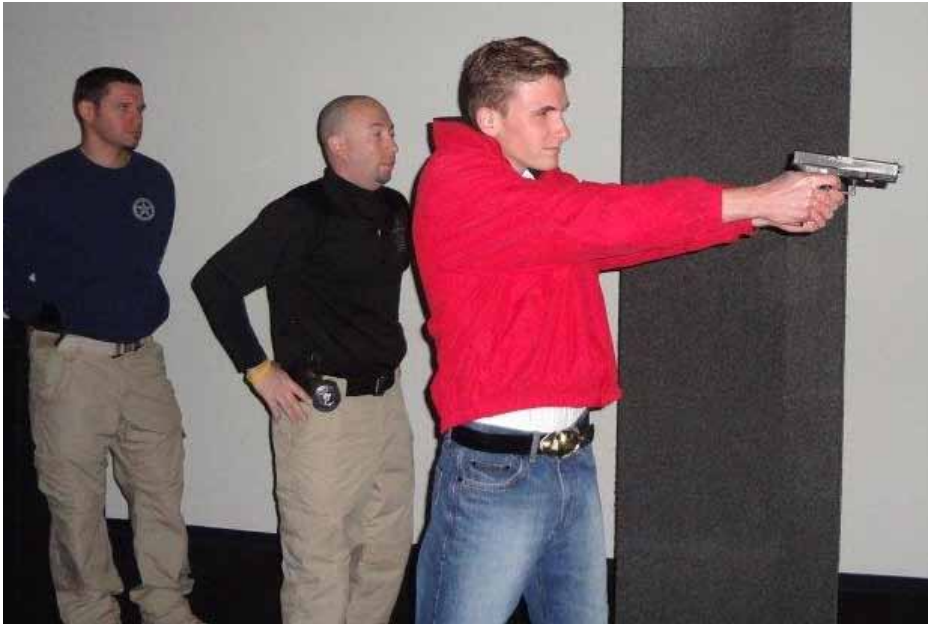
Surely, that competitive nature will be evident Sunday in every Harbough in the Superdome, whether on the sidelines, in the coaching booth, or in the stands.

"It sounds like a cliché, but it's a normal game," Jay said. "The pregame will be a little more interesting and friendly, and that's really the only difference. I have a lot of respect for that [49ers] organization and the team, just because I know so many of them personally, but that has no effect on anything. In fact, it makes me want to beat them more."

John Harbough thinks Jay could be the key to the game.

"He's far better than I even anticipated, and I knew he would be great at what he does. The way we look at it... maybe that will tip the scale. Maybe it will be Jay."

INTERSESSION - YEAR FIVE



Steve Grosse ('13) takes aim at the pistol practice range with U.S. Marshal's. This photo records one part of the tour of state, federal and local offices by Saintsmen. For other locations on the same tour see page 1 and on this page inside a judge's chambers.



Edrick Drachenberg ('13) interned in Dr. David Rens dental practice.



Andrew Gaylord ('13) interned with Katie Quartucio, who is a staffer in California State Senator Joel Anderson's office.



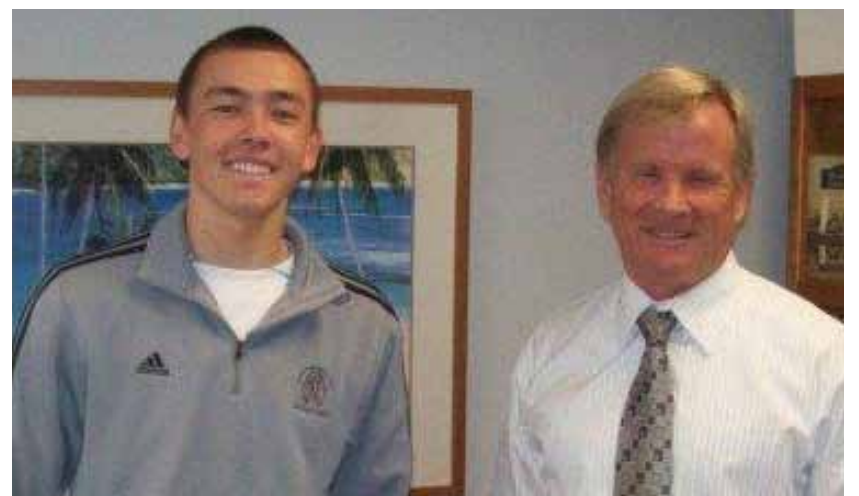
Posed at the Whaley House museum in Old Town, Evan Suda ('13) interned with Save Our Heritage Organisation with Victor Santana.



Nicholas Spardy ('13) was part of the team taking care of the golf course at the Country Club of Rancho Bernardo



Ryan Neck ('13) is shown tutoring a student at his Intercession site, St. Patrick's School



Cooper Degraw ('13) was part of CPA Jim Shaw's office during January.



San Diego Zoo Senior interns Garrett Barclay, Quentin Martinez, and Thomas Wicket spent their internship in Balboa Park.



Seniors David Tran, Xavier Redondo and the masked Nicholas Hessling pose with Dr. Drew Peterson in the hall of the California Orthopaedic Institute in Mission Valley, where the trio spent their Intercession internship.



Senior Tyler Hofstee (right) joined the staff at ReHab United in La Mesa



January found Senior Jerry Provencher ('13) interning at the Lakeside Fire Department



Senior Andrew Lower interned at the YMCA in East County.

St. Augustine's pioneering internship program is the envy of the nation's high schools

Elsewhere in this Intersession edition of Saints Scene we've shared a wonderful article on this year's program, written by Saints parent Mr. John White and we've read Principal Horne's update on Intersession No. 5. In this photo essay, we caught up with just a few of the more than 137 Saintsmen, who participated in internships during January.



Jackson Chacon ('13) was part of the staff at the Olympic Café at Texas and University Avenue.



Flavio Borquez ('13) interned at Investment Placement Group (IPG) under the supervision of Claudio Robertson.



Saintsman Mariano Laguna ('13) placement was with Survey Manager Ryan Wakefield of Walsh Engineering.



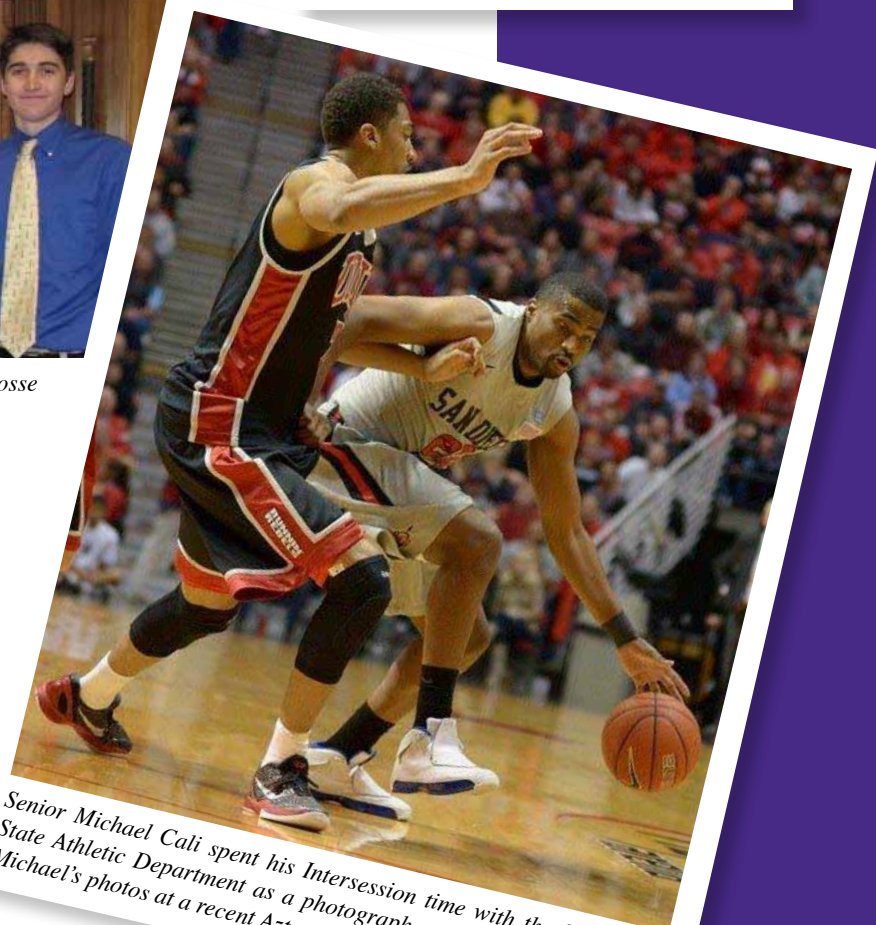
Trio of Senior Saintsmen interns A.J. Gerick, Omar Tapia and Edrick Drachenberg were placed with Dr. the practice of David Rens DDS (pictured) in Hillcrest.



Senior Interns (left to right) Chris Lenox, Taylor Ahearn, Connor Filley, Judge Gallo, Austin Schmid, Steven Grosse and Robert Aragon visit the chambers of Federal Magistrate Judge William Gallo



Saintsmen Kyle Edmonds ('13) (left) and Chris Graham ('13) interned at San Diego Home/Garden Lifestyles under the supervision of Creative Director Tom Shess and Advertising Coordinator Kristin Hardy (OLP '05).



Senior Michael Cali spent his Intersession time with the San Diego State Athletic Department as a photographer. Shown here is one of Michael's photos at a recent Aztec basketball game.

Past Students - Inunza

Continued from page 1.

Q: Tell me something about one of your favorite teachers? Why was this person important to you?

A: I have a difficult time calling my colleagues who were my teachers by their first name. I have way too much respect for them. Whether it was Mrs. Eggleton opening up her classroom at lunch and tutoring us or Mr. Cudal teaching us about classroom etiquette, the staff at Saints helped shape my confidence and sense of belonging as an adolescent. Fr. Bob Gavotto must be the most forgiving Augustinian around after all the pranks and shenanigans I pulled during his first year of teaching at Saints. I suppose that's why I go out of my way to assist him with anything he needs. He's an incredible Saintsman (Class of 1955) who has dedicated his life in supporting every spiritual and educational program our campus community offers. I'm just waiting for him to pull a master prank on me someday!

Q: What is it about Saints that keeps you coming back?

A: While in college, I always felt accepted and appreciated especially after being greeted by so many alumni and teachers when stopping by to say hi or catching a great playoff game against Uni. As a professional, I remember bringing my wife, then girlfriend, to a football game to finally show her what I had been bragging about. To her good fortune, her first Saints experience was witnessing in 2004 the legendary miracle game over Uni when Chris Forcier threw a 25 yard pass to Menelik Holt in the end zone as time expired. She got it.

Q: Overall, how would you describe your Saints Experience?

A: I was incredibly fortunate my parents were able to send me to Saints and for that reason I never took for granted what the school offered. I participated in five sports and lettered in two; served as ASB class president; played in the school band all four years and even managed to play in my own rock band for school dances. Simply put, I was surrounded by classmates and teachers whom encouraged me to pursue my aspirations as a teen and eventually as an adult. Saints was much more than a school for me, it was another home.



SAINTS/OLP GRAD NIGHT 2012

TICKETS \$60

Grad Night is an all night party for both Saints and OLP students from the class of 2011. It is an opportunity to celebrate graduation in style, and for parents to make sure graduates enjoy a safe and sober celebration.

Don't let your student miss out on this once in a lifetime party! Tickets include lots of food, bowling, entertainment, raffle prizes, dancing, and more!



PLACE: KEARNY Mesa Bowl
7585 Clairemont Mesa Blvd.
San Diego, CA 92111
(858) 279-1501

DATE: Friday, June 1, 2012

TIME: 10PM – 5AM

TICKETS: \$60 PER STUDENT

On line registration and additional information can be found on the Saints website (www.sahs.org). Click on the "Senior Events Registration" button on the right side of the home page to get started. Questions & Volunteers contact Alex Dominguez alexjill@cox.net

Sober Grad Night is sponsored by the



St. Augustine High School
3266 Nutmeg Street San Diego, CA 92104
(619) 282-2184
www.sahs.org

Coach Sweat's Corner

Editor's note: Saints Strength Coach and Nutritionist, Coach Mike Sweat has agreed to provide a monthly focus on nutrition/health issues for students and the Saints Community in general through his exclusive column in Saints Scene.

Late Night Snack Attack

Lets face it: late night food cravings are not unheard of. But often when the craving monster comes calling we make choices that are not conducive for a sound nights sleep.

What to avoid- Foods with high amounts of sugars, fats, and high acidity. For example cookies, cakes, ice cream and citrus fruits. These foods can wreak havoc on your digestive system causing poor sleep patterns.

Foods to Choice –Foods that promote a good nights sleep are bananas and almond butter. These foods are rich in nutrients such as tryptophan (which promotes sleep), melatonin (which makes you sleepy) and magnesium and calcium (which aid in muscle relaxation).

Now go get your 8 hours of sleep!

Q: If you had one word to describe Saints what would it be? Why?

A: Let's start with Unitas, Veritas and Caritas or perhaps R-e-s-p-e-c-t or brotherhood. The Saints community is comprised of so many unique experiences that would make it impossible to describe in a single word! As for why, I was taught to be a gentleman, a scholar and a servant of Christ in an environment that was always nurturing, safe and too much fun. A Saintsman knows how to be courteous to their elders, respectful during school-wide mass and be incredibly loud in the same gym during basketball games. While Saintsman are incredibly diverse culturally and share different athletic and artistic talents, our common denominator is that we share this tradition of brotherhood that embodies the way we are responsible to our communities, families and parish.

Q: In your view, why should a young man apply to Saints?

A: I've always described St. Augustine High School as an incubated environment that fosters the many individual talents that our students possess. Moreover, everyone fits in at Saints. I was a student who surrounded myself equally with athletes, musicians, artists and ASB officers and I never distinguished a difference between one specific clique over another. This campus provides a strong sense of belonging where we celebrate mass weekly, our academics are outstanding and our sports programs compete for league and CIF banners every season. I can't think of any school in San Diego County whose residents refer to our alumni and students by our nickname: "He's a Saintsman".

Q: During the past two decades, you have experienced Saints in a multitude of ways? What has remained the same and what has changed?

A: While I was a student at St. Patrick's, I lived right across the street on 33rd and awaited the year I would become a Saintsman like my older brothers, dozens of cousins and my great uncle Jorge MacFarland ('49). I vividly remember putting on my freshman football jersey for the first time and eventually my purple graduation gown. Eight years ago, I was asked to become part of the staff as a teacher and now the ASB Director.

What has remained the same?

Everything! Our rich culture and history has provided thousands of boys from San Diego and Tijuana an incredible journey of becoming great men. You won't find a stronger alumni base, lasting friendships and professional connections more than our community. I have been able to witness the development of St. Augustine High School as a resident, student, active alumni and finally as a member of the faculty. What has changed? Just some old buildings with great memories that are being replaced with state of the art facilities for future generations of Saintsman to create new memories! Saints On!

New Principal

Continued from page 1.

our young women, rooted in faith, service, and academic excellence, is a testament to the extraordinary leadership of the faculty and staff. I look forward to the opportunity to learn more about OLP's traditions and stories, working together to build upon the school's success and proud history as we look toward the future."



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2. Participating merchants will make contributions to your chosen group, based on purchases made by you, just by using the cards you have registered.
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It's EASY! It's FREE! You just need to register your cards, and a percentage of your purchases will go towards St. Augustine programs automatically. One family who spends \$400 a month at Vons would earn \$6 for our school, x 100 families = \$7,200 a year!

Point your web browser to this site: <http://www.escrip.com/program/3ways/index.jsp>
Click on "Sign Up" and follow the directions. Saints' group ID is #137716597

Register your Safeway, Vons, or Macy's cards. Other credit or debit cards can also be registered. See the site for details.

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Add or delete any groups you would like (up to 3 groups are allowed).
Saints' group ID is #137716597

Thank you for your support.



Saints Scene

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on the St. Augustine
High School Experience

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