

# SAINTS STRATEGIES FOR SCHOOL SUCCESS

**TUTORING:** Every teacher has tutoring hours. Find them out, list them below, and go!:

	<b>Subject</b>	<b>Days/Time</b>
Block 1		
Block 2		
Block 3		
Block 4		
Block 5		
Block 6		

## **CANVAS/GRADES:**

- Check Canvas daily to monitor progress in each class
- Check to see if everything is turned in & follow-up with teachers on anything that is missing
- Confirm assignments, upcoming test dates, and look for messages from teachers

## **BASICS:**

- Ask teachers for extra help/check in for clarification
- Get to school on time daily, with your backpack, completed homework & lunch/snacks
- Have a separate folder for each class, or divide up a large 3-ring binder appropriately
- Use planner every day in class & at home
- Create a quiet place to study at home, free of distractions
- Work with classmates by forming study groups
- Complete all assignments & make a study plan for tests
- Challenge yourself but don't take too heavy of a load; be careful not to over-commit
- Take care of yourself; eat right & get enough sleep
- Get involved – join clubs, sports, attend events
- See your counselor as needed

## **TIME MANAGEMENT:**

- Make “To Do Lists” of everything you want/need to get done each day and then rank each item in order of importance
- Use a weekly calendar schedule to keep track of your classes, practices, appointments and meals. This will help you see the open times to do homework & study each day
- Learn to say “no” to things that will get in the way of your schoolwork
- Don't sacrifice sleep to get everything done
- Set aside time to relax
- Control time wasters such as Social Media, TV, video games

## **TEST TAKING & PREPARATION:**

- Create a study plan that spreads out your studying. Starting early will eliminate the need for cramming
- Make flash cards and/or review sheets
- Review information often (use a mirror to “teach it to yourself”)
- Get plenty of sleep before a test
- Don't spend too much time on difficult questions....answer what you know first
- If you have extra time make sure to check over all of your answers